

**Christy Thompson –
Coaching Bio**



I started coaching in September 2011 as an assistant coach with the Langley Xtreme 1999 team for their first year of Peewee. I stayed with this team until they completed their second year of Midget in 2017 when they went on to University and College. We had six seasons together and medaled in 15 tournaments, two of those being Bronze and Gold medals at the BC Provincials. I was privileged to coach a great group of girls and got to watch them grow from young girls in to young ladies. I coach with the belief that any player and or team can have success while working hard and having fun. I am now Co-coaching the Xtreme 2007 team who is a first year U14 team. I look forward to taking on a bigger role as a coach and hope to continue help young players to improve, learn, grow and have success as individuals and as a team.